

February 1, 2026

Eleven:Eleven

in the garden

Register your presence



Thanks for being here!



Give online



Thanks for your gift!

Arrival Song

The Middle

Music & Lyrics: Jimmy Eat World

Welcome Candle (Rumi)

Jenny Anderson

Gathering Song

Let The Mystery Be

Music & Lyrics: Iris DeMent

Sharing Signs of Peace and Welcome

Gift of Song

Come And Find The Quiet Center

Music & Lyrics: Shirley Erena Murray

Kairos

Sharon West

Sacred Text

Read by Halona Bergman

Psalm 131 (NRSVUE)

Song of Quiet Trust, A Song of Ascents. Of David

O Lord, my heart is not lifted up;
 my eyes are not raised too high;
 I do not occupy myself with things
 too great and too marvelous for me.
 But I have calmed and quieted my soul,
 like a weaned child with its mother;
 my soul is like the weaned child that is with me.
 O Israel, hope in the Lord
 from this time on and forevermore.

The term "ascents" symbolizes a journey not just physically to Jerusalem but also spiritually; and from pride to humility.

Observations and Considerations

Kagan Parker

Embracing Ambiguity | pt. 1

Closing Song

The Gathering Of Spirits

Music & Lyrics: Carrie Newcomer

Benediction

Kagan Parker

The Eleven:Eleven Revolution Band Is

Brad Thompson - Music/Band Leader, Vocalist, Guitarist
 Justin Pate - Keyboard, Vocalist | Jon Mosig - Drums
 Kevin Grove - Lead Guitar | Lee Allen - Bass, Vocals
 Alaina Gunter - Vocalist | Lydia Smith-Osborne - Vocalist

For info about Eleven:Eleven

- Visit fumcfw.org/1111fw
- Worship with us online on Sundays at fumcfw.org/live.
- Download the MYFUMC App at fumcfw.org/myfumc or the App Store for your device

❁ Winter Gardening Notes ❁

Seeds need the winter to thrive

- Respiration slows down and the [seed] embryo enters a state of suspended animation called dormancy.
- Some seeds can last for several years in a dormant state, only to rise out of the soil when conditions are right.

Thoughts for Future Reflection

“The central question of a meaningful life is not, ‘What shall I do?’ but ‘Can I stay present to what is happening?’”

— Pema Chödrön

“There is something in every one of you that waits and listens for the sound of the genuine.”

— Howard Thurman

“Before you tell your life what you intend to do with it, listen for what it intends to do with you.”

— Parker Palmer

“Waiting patiently in expectation is the foundation of the spiritual life.”

— Simone Weil

Opportunities and Small Groups

Conspiracy Opportunities

Core Practice: Tell the Bigger Sacred Story

Wine and Wishful Thinking coming in February!

If you're interested in hosting, contact Kagan,

kparker@myfumc.org or (682) 231-2784 for info

2nd & 4th Tuesdays | 6:30 – 8:30 pm | Next: Feb

Winehaus | 1628 Park Pl Ave | Fort Worth 76110

Book Club: Folded Pages | Wed Feb 4 | 6:30 - 8:00 pm

Avoca Coffee | 1311 W Magnolia Ave | FW 76104

Contact Kagan, kparker@myfumc.org or (682)

231-2784 with questions.

Join us as we read “Soul Boom” by Rainn Wilson. We are currently on chapters 1-3.

Core Practice: Show Up for Others



We're growing! Would you like to help?

On Sundays we need **Readers, Lobby Greeters, Table Tenders, and Tech Team** members. During the week we need help with **Small Groups** and the **Care**

Team. Email Nancy Dearing, nancydear@duck.com to sign up or with questions.

First Street Methodist Mission needs **Baby Wipes** this month. **Men's shoes**, especially sizes 9-12 are always appreciated. Gently used items are accepted. Leave donations in the bin on Refreshment Table.

Core Practice: Mindfulness & Meditation

“Community means we're collaborating. It means that you help my children and my old people and I help yours. It means we are in this together. Most of us are perhaps a tiny bit self-absorbed, and good at keeping out people who don't look, vote, or act like our friends, and that's very nice. But a good community includes all those other people and those of us at the edges.

Welcomes are offered: hey, come on into the circle — yeah, you. You with your nose in the air, or a neck tattoo, a walker or a Rolls.”

Through an unknowable force, people join together to fight for what they think is right, or to bird-watch, or feed the poor, or to help one another stay sober or rebuild after natural catastrophes...

Odd, anxious people like me come together and then stick around awhile. It is uncomfortable and metamorphic: Nobody in isolation becomes who they were designed to be.

Anne Lamott

from the book *Somehow: Thoughts on Love*



For more opportunities, browse programs and events or search by ministry or keyword at
fumcfw.org/events