

January 18, 2026
Eleven:Eleven
in the garden

Register your presence



Thanks for being here!



Give online



Thanks for your gift!

Arrival Song

Lay 'Em Down

Music & Lyrics: Needtobreathe

Closing Song

Unwritten

Music & Lyrics: Natasha Bedingfield

Welcome Candle (Rumi)

Kelly Reeves

Benediction

Kagan Parker

Gathering Song

Blue Boat Home

Music & Lyrics: Peter Mayer

The Eleven:Eleven Revolution Band Is

Brad Thompson - Music/Band Leader, Vocalist, Guitarist

Justin Pate - Keyboard, Vocalist | Jon Mosig - Drums

Kevin Grove - Lead Guitar | Lee Allen - Bass, Vocals

Alaina Gunter - Vocalist | Lydia Smith-Osborne - Vocalist

Sharing Signs of Peace and Welcome

Gift of Song

Blackbird

Music & Lyrics: The Beatles

For info about Eleven:Eleven

● Visit fumcfw.org/1111fw

● Worship with us online on Sundays at fumcfw.org/live.

● Download the MYFUMC App at fumcfw.org/myfumc
or the App Store for your device

Kairos

Sacred Text

Read by Bill Lanford

Ecclesiastes 3: 9-13 (TLB)

What does one really get from hard work? I have thought about this in connection with all the various kinds of work God has given to mankind. Everything is appropriate in its own time. But though God has planted eternity in the hearts of men, even so, many cannot see the whole scope of God's work from beginning to end. So I conclude that, first, there is nothing better for a man than to be happy and to enjoy himself as long as he can; and second, that he should eat and drink and enjoy the fruits of his labors, for these are gifts from God.

Observations and Considerations

Kagan Parker

What We Carry | pt. 3 - Bro, This is heavy

❁ *Winter Gardening Notes* ❁

Seeds need the winter to thrive

- Seeds need winter conditions to break dormancy and avoid premature germination.
- The cold, moist conditions known as cold stratification, triggers processes that reduce the likelihood of weak plants or germination failure.

Thoughts for Future Reflection

“Nothing ever goes away until it has taught us what we need to know.”

— Pema Chödrön

“Not everything that is faced can be changed, but nothing can be changed until it is faced.”

— James Baldwin

“Who looks outside, dreams; who looks inside, awakes.”

— Carl Jung

“We inherit the past, but we choose the future.”

— Octavia Butler

Opportunities and Small Groups

Conspiracy Opportunities

Core Practice: Tell the Bigger Sacred Story

Wine and Wishful Thinking coming in February!

If you're interested in hosting, contact Kagan,

kparker@myfumc.org or (682) 231-2784 for info

2nd & 4th Tuesdays | 6:30 – 8:30 pm | Next: Feb

Winehaus | 1628 Park Pl Ave | Fort Worth 76110

Book Club: Folded Pages | Wed Jan 21 | 6:30 - 8:00 pm

Avoca Coffee | 1311 W Magnolia Ave | FW 76104

Contact Kagan, kparker@myfumc.org or (682)

231-2784 with questions.

Join us as we read “Soul Boom” by Rainn Wilson.

Available new and used in very good condition

(Half-Price Books, eBay, or your favorite bookseller).

Core Practice: Show Up for Others



We're growing! Can you help?

On Sundays we need **Readers, Lobby Greeters, Table Tenders, and Tech Team** members. During the week we need help with **Small Groups** and the **Care**

Team. Email Nancy Dearing, nancydear@duck.com to sign up or with questions.

United Women in Faith - UMW - Luncheon

United Women in Faith seeks to improve the lives of women, children and youth in the United States and internationally.

Tue, Feb 3, 2026 | 11:30 am – 1 pm | Wesley Hall \$20 | Register and request childcare by January 27

For the Love of Kewpies from the Princess of Quite a Lot
Guest Speaker – Julie Donovan shares the history of Kewpies

First Street Methodist Mission needs **Toothpaste** this month. **Men's shoes**, especially sizes 9-12 are always appreciated. Gently used items are accepted. Leave donations in the bin on Refreshment Table.

Core Practice: Mindfulness & Meditation

A Noticing Practice

The next time you feel a strong reaction or emotion, *Pause*, don't do anything.

Reflect, identify what's going on and name emotions, sensations that you feel.

Reframe your thoughts, accepting the circumstance.

Sit with your feelings without self-judgement.

Hold Space for self-compassion.

Release...walk, have tea, call a friend, whatever works for You.

And always remember to breathe deeply, intentionally.



For more opportunities, browse programs and events
or search by ministry or keyword at
fumcfw.org/events