

Thoughts for Future Reflection

“Everyday Saints are not carved in marble and left resting in holy places. Instead, they are etched into memory by curiosity, courage, and the soft but steady glow of love.”

— Kagan Parker

“Until one has loved an animal, a part of one’s soul remains unawakened.”

— Anatole France

“Meditation is the discovery that the point of life is always arrived at in the immediate moment.”

— Alan Watts

“Wherever people gather to share in the mystery, the sacred has already shown up.”

— bell hooks

Opportunities and Small Groups

Conspiracy Opportunities

Core Practice: Tell the Bigger Sacred Story

“Everyday Saints: Interviews with 11:11 Members”

Sun., Sept 21 | A conversation with Kris Olsta

Wine and Wishful Thinking

2nd and 4th Tuesdays | 6:30 – 8:30 pm | Next: Sept 23

Wine, Beer, Light Bites, and Great Conversation

Winehaus | 1628 Park Pl Ave | Fort Worth 76110

Contact Kagan for more info at kparker@myfumc.org.

Book Club: Folded Pages

WEDNESDAYS – Sept 17 | 6:30 - 8:00 pm | Location rotates;

email swest124@swbell.net for location and info.

Join us as we read “Braiding Sweet Grass” by Robin Wall Kimmerer.

UMW Sunday

Sun., Sept 21 | 9:00 am - 12:30 pm | Wesley Hall

United Methodist Women is committed to the service and support of women, youth, and children in need within our community and church. You may find information all year long at fumcfw.org/umw and on social media channels [@umwfumcfw](https://www.instagram.com/umwfumcfw). See Charmé Robarts if you’re interested in learning more about this great group!

🎵 **UKULELE GROUP...COMING SOON!!!** 🎵

Browse programs and events or
search by ministry or keyword at
fumcfw.org/events

Check out the FUMC Fall Bible Studies

Core Practice: Show Up for Others

First Street Methodist Mission needs **Baby Wipes** this month. Leave donations in the bin on Refreshment Table.

UMCOR Flood Bucket Collection

Sunday-Friday | Sept 21 - Oct 12

The goal is replenishing 500 Flood Bucket kits used in the Hill Country floods. Due to details too numerous to include, please check out important info here:

<https://fumcfw.org/event/umcor-collection/>

There is a link on this ↑ page if you’re interested in joining a clean up team coordinated by the conference office.

To assist with United States Disaster Recovery (**Floods, Fires, etc**) include **#901670** in the memo line of your check.



To assist with International Disaster Recovery (**Ukraine, Gaza, etc**) include **982450 IDR** in the memo line of your check.



Core Practice: Mindfulness Meditation

Fierce Self-Compassion, Adapted

I place my fist over my heart. I will protect myself. I give myself full permission to feel my truth, my pain, my anger while keeping the thread of love alive.

Namaste