

open, inclusive, inquisitive

eleven:eleven, downtown

october 13 • 2024



let us know you're here

point camera, touch website
that appears to register
attendance



option to give online

thank you for
supporting eleven:eleven with
your gift



gift of song

"ain't no rest for the wicked"

written by cage the elephant
performed by the eleven:eleven revolution band

the welcome candle (rumi)

led by charme robarts

gathering song

"god of movement"

written by traditional / hyfrydol
performed by the eleven:eleven revolution band

sharing signs of peace and welcome

a song to pass the time as we pass the plate

"be still"

written by the fray
performed by the eleven:eleven revolution band

kairos

cynthia powell

gift of story

read by bill lanford

exodus 20:8-11 (niv)

remember the sabbath day by keeping it holy. six days
you shall labor and do all your work, but the seventh
day is a sabbath to the lord your god. on it you shall not
do any work, neither you, nor your son or daughter, nor

your male or female servant, nor your animals, nor any
foreigner residing in your towns. for in six days the lord
made the heavens and the earth, the sea, and all that is
in them, but he rested on the seventh day. therefore the
lord blessed the sabbath day and made it holy.

mark 2:23-28 (niv)

one sabbath jesus was going through the grainfields,
and as his disciples walked along, they began to pick
some heads of grain. the pharisees said to him, "look,
why are they doing what is unlawful on the sabbath?"
he answered, "have you never read what david did
when he and his companions were hungry and in need?
in the days of abiathar the high priest, he entered the
house of god and ate the consecrated bread, which is
lawful only for priests to eat. and he also gave some to
his companions." then he said to them, "the sabbath
was made for man, not man for the sabbath. so the son
of man is lord even of the sabbath."

observations & considerations

"remember the sabbath day and keep it restful"

kagan parker

gift of song

"vienna"

written by billy joel
performed by the eleven:eleven revolution band

benediction

thoughts for future reflection

it's very important that we re-learn the art of resting and relaxing. not only does it help prevent the onset of many illnesses that develop through chronic tension and worrying; it allows us to clear our minds, focus, and find creative solutions to problems † thich nhat hanh

when your soul is resting, your emotions are okay, your mind is okay, and your will is a peace with god, not resisting what he's doing. † joyce meyer

stop saying rest is a luxury or a privilege. it is not — it's a human right ... it gives us the space to embody and live in divinity. † tricia hersey

to lie sometimes on the grass under the trees on a summer's day, listening to the murmur of water, or watching the clouds float across the blue sky, is by no means a waste of time. † john lubbock

"instead of asking 'have i worked hard enough to deserve a rest?', i've started asking, 'have i rested enough to do my most loving, meaningful work?'" † nicola jane hobbs

the eleven:eleven revolution band is...

brad thompson - music/band leader, vocalist, guitarist •
justin pate - keyboard, vocalist • jon mosig - drums •
kevin grove - lead guitar • lee allen - bass, vocals •
alaina gunter - vocals • lydia smith-osborne - vocals



for more info about
eleven:eleven, check out
<https://fumcfw.org/1111fw/>
or point camera, touch website
that appears

subscribe to tom's blog:

tmcdermott@myfumc.org

or point camera, touch email that
appears



For More Details & All Upcoming
Opportunities, scan QR Code or go to
<https://fumcfw.org/events/>



opportunities and small groups

wine and wishful thinking

1st & 3rd tuesdays, 7-8:30 pm

[Winehaus 1628 Park Pl Ave, Fort Worth, TX 76110](#)

wine, beer, light bites, and great conversation
contact tom for info: tmcdermott@myfumc.org



Thursdays | 9:30-11 am

FUMCFW, Room 350

Oct. 17 – Nov. 21

Register before Oct. 14

An expanded look at Painting the Stars with Tom and guest instructors explores Christian faith & the evolution of the post-Christendom Church including AI, mysticism in a polarized society, reframing Western society's problem with death, and spiritual practices for a more inclusive, creative, "yes/and" faith



Click QR code to register or go to
<https://forms.gle/h4LD9T8aSBsEENW97>

Conspiracy Opportunities

core practices:

show up for others | practice generosity



To assist with **United States Disaster Recovery (Hurricanes)** you can give online @

<https://advance.umcmmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx>



November 5, 2024

11:30 am – 1 pm | Wesley Hall

\$20 | Register by October 28

Guest speaker Dr. Emily Messer, Texas Wesleyan University's first female leader in the university's 133-year history.

