



RETREAT PACKING LIST

- Bedding – sleeping bag or twin sheets and blanket, pillow
- Clothes – two sets, just in case! Please make weather-appropriate selections.
- Bathroom/Toiletries – towel, shampoo, soap, toothbrush, toothpaste, etc.
- Pajamas
- Comfortable shoes (closed-toe only, please)
- Plastic bag – for dirty clothes
- Flashlight
- Your personal medicine – all meds must be in original container, labeled with instructions, in a ziplock bag

Leave at home:

- All recreational electronics – iPods, Gameboys, PSPs, video games, etc.
- Valuables – nice jewelry, money, precious items

Contact: children@myfumc.org

